



# 24 hours of GNR!



## Grippin' N Rippin' for Mark Blume – A Fundraiser

**Friday, May 3, 10:30 am to Saturday, May 4, 10:30 am      Social: May 3, 6 pm – 9 pm**

Genesis Health Clubs      10930 Hickman Road      Des Moines, Iowa 50325

If you have been part of the Iowa adult or junior tennis community in the past 25 plus years, chances are you know the name Mark Blume. Mark started playing tennis when he was just 4 years old and has been playing, instructing, and coaching ever since. In 2017, Mark came to Des Moines as Head of Adult Tennis at Aspen (now Genesis) and brought with him an exciting program known as Grip N Rip. The program boomed in popularity and while many try to emulate the format, there is no comparison to the success and the energy of Genesis's GNR! It is truly one of a kind!

Since Mark was instrumental in getting GNR'ers swinging, we are doing 24 hours of GNR to give back and show support to our friend Mark. Very recently, Coach Mark has been diagnosed and is undergoing treatment for cancer. On Friday, May 3 at 10:30 am, we will launch a 24-hour continuous GNR fundraiser! Sign up for an hour, 90 minutes or for as many hours in this day long GNR event as you think you can handle! Spond sign up and reminder coming to you soon! All proceeds will go to Mark and his family to help pay for ongoing medical expenses. (Pre-paid packages are excluded from this fundraiser.)

If you are unable to attend the GNR, but wish to contribute, a Go Fund Me <https://gofund.me/4f86599f> has been set up as well. Thank you for considering Grippin' N Rippin' to support Mark and the Blume family during this difficult time. Your generosity is not just a donation but a reminder that the Greater Des Moines Tennis community will keep on swinging to support one of their own!



Jameson, Payton, Mark & Brynn



Jen & Brynn